



Surgical Augmentation

For The First 48 Hours

- Eat soft foods and nothing real hot or real cold.
- Chew on the other side of the surgical site.
- Do not smoke, drink alcohol or anything with fizz.
- If needed for discomfort take what you would normally take for muscle aches or if Dr. Bertolini prescribed something for pain take as directed.

48 hrs after the surgery

After each meal gently rinse with warm salt water, (1/4 tsp. sea salt or non iodized salt in 8 oz. warm water).

Do this rinse at least 7-10 days after the surgery.

As the surgical site starts to heal you can incorporate harder to chew food but still chew away from the surgical site.

Schedule a post operative appointment 10 days to 2 weeks after today.

Please contact Dr. Bertolini if anything unusual occurs: bleeding will not stop, pain lasting beyond 72 hrs that pain reliever will not relieve, fever greater than 101.

Contact numbers: 330-494-6305, 330-493-0218, 330-936-2503.