



This starter kit contains enough bleach to bleach your full upper and lower teeth at least 12 times. If you have not reached your desired shade after using this kit, we offer single syringes of bleach at \$5.00 + tax. Opalescence whitening toothpaste is \$7.00 + tax.

BLEACHING INSTRUCTIONS

Brush your teeth with Opalescence, Rembrandt whitening toothpaste or any other whitening toothpaste and then use dental floss.

Express the bleach into your custom tray as instructed by our dental assistant.

There are 2 ways to bleach your teeth.

1. Wear the trays for a minimum of 1 hour a day.
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2. Wear the trays while you sleep at night.

After bleaching, remove the trays and wash them with your toothbrush and unscented liquid soap under cool water.

Let them air dry before storing in your case.

To remove the bleach from your teeth, rinse your mouth with water and brush off the excess with your toothbrush.

Some people experience sensitivity after long periods bleaching, if this occurs reduce the amount of time you bleach. If sensitivity persists contact our office.

Store all unopened bleach in the refrigerator.

If you have any questions during this process please don't hesitate to call us.
330-494-6305