



Surgical Augmentation

For The First 48 Hours

- Eat soft foods and nothing really hot or really cold.
- Chew on the other side of the surgical site.
- Do not smoke, drink alcohol or anything with carbonation.
- For discomfort, take what you would normally take for muscle aches or if Dr. Bertolini prescribed something for pain take as directed.

48 hrs after the surgery

After each meal gently rinse with warm salt water, (1/4 tsp. sea salt or non iodized salt in 8 oz. warm water).

Do this rinse at least 7-10 days after the surgery.

As the surgical site starts to heal you can incorporate harder to chew food but still chew away from the surgical site.

Schedule a post operative appointment 10 to 14 days after today.

Please contact Dr. Bertolini if anything unusual occurs: bleeding that will not stop, pain lasting beyond 72 hours (which pain reliever has not relieved) or if you have a fever greater than 101°.

Contact numbers: 330-494-6305, 330-493-0218, 330-936-2503.